



Refuge Family Retreat Schedule & Reminders

Recordatorios & Horario de Retiro Familiar de Refugio

Friday, Oct 25:

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| 5:30pm | Meet at Refuge Church Nashville and load cars with supplies for weekend.
Leave and eat on the way!
(If you cannot meet with us, just join us at the retreat center when you can!) |
| 7:30pm | Arrive at Refuge and leave for Linden Valley Baptist Conference Center
Linden Valley Conference Center, 1225 Baptist Camp Rd, Linden, 37096
Pastor Mark's Phone #: 615-681-0951 |
| 8:00pm | Worship and teaching (Bible Biblia) |
| 8:30pm | Games and Snacks |
| 11pm | Lights out |

Saturday, Oct 26:

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|---------|--|
| 8am | Breakfast |
| 9:00am | Worship and teaching (Bible Biblia) |
| 9:45am | Break |
| 10am | Teaching/Family Groups/Prayer Time (Bible Biblia) |
| 11:00am | Family Kickball game |
| 11:30am | Lunch |
| 1pm | Family Activities and Free Time
(hiking, play outside, nature scavenger hunt, board games, take nap)
(caminata o jugar al aire libre, búsqueda en la naturaleza, juegos de mesa, tomar una siesta) |
| 2pm-3pm | Café and Ice Cream Store open |
| 3pm | Worship and teaching (Bible Biblia) |
| 4pm | Family Groups and Prayer Time (Bible Biblia) |
| 5:30pm | Family Dinner (Prepare and eat) Bonfire |
| 7:00pm | Family Feud and other games and activities |
| 8:30pm | Bedtime for little ones/Late-night fun |
| 11pm | Lights out |

Sunday, Oct 27:

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|---------|---|
| 7:30am | Breakfast |
| 8:00am | Large Group Family Devotionals (Bible Biblia) |
| 9:00am | Leave for Refuge |
| 10:45am | Worship at Refuge, 309 Rayon Drive, Old Hickory, TN 37138 |

Remember to bring | Recuerda traer:

- Drinks | bebidas
 - Snacks | refrigerios
 - Bibles | Biblias, pens | lapizeros, journal | un diario
 - Board games | juegos
 - Casual clothes | ropa casual
 - Food for Saturday | Comida para el día sábado (Talk to Mabil or Aurelia if you haven't been told what to bring | Habla con hna Mabil o hna Aurelia si no hemos dicho lo que necesitan traer.)
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For those staying in cabins | Para los que se quedan en cabañas:

- bedding for a twin bed | sabanas/almohadas/cubre cama para una cama individual
- Towel and toiletries | Toalla y artículos personales de higiene

For those staying in the hotel | Para los que se quedan en el hotel:

- Toiletries | artículos personales de higiene
- The hotel provides bedding and towels (each room has two double beds)
- El hotel provee sabanas/almohadas/cubrecama y toallas (cada habitación tiene 2 camas dobles)